בס"ד



the PARENTS HANDBOOK

"It is the fire of the soul that refuses to conform, that is dissatisfied with the status quo, that cries out that it wants to change the world and is frustrated with not knowing how."

– the Lubavitcher Rebbe





Cteen (The Chabad Teen Network) is inspired by the ***Lubavitcher Rebbe's*** belief in the power of youth and in our ability to turn the teen years from a time of restless confusion into one of meaningful revolution.

our MISSION

We strive to provide a nurturing environment where teens can learn about themselves through giving to others, identify with individuals who share the same faith, and be part of a group that focuses on building core values and stresses positive character development.



why JOIN CTEEN

"Sow a thought, reap an action
Sow an action, reap a habit
Sow a habit, reap a character
Sow a character, reap a destiny"



As a parent you wonder, what can I do to help my teen through his/her teenage years?

Research shows that by joining social groups that emphasize community service, teens build self-esteem, strengthen their integrity, and maximize their cognitive development. By being part of a community, socially involved and connected, teens broaden their interpersonal and intrapersonal skills, deeply impacting this period of personal development.

Encouraging your child to join Cteen and participate in its programs will have a profound effect on their personal growth. Through volunteer projects and recreational activities, Cteen will provide unparalleled opportunities for positive interactions that give your teen a sense of accomplishment, transmitting qualities of respect, empathy, self sacrifice, and honesty. By joining together to share constructive thought and action, Cteen teens will form positive habits, build character, and change their destinies for the good.



our APPROACH

Cteen delivers a comprehensive program based on a three-part framework:

EDUCATIONAL

Cteen places education at its forefront, ensuring that every program is designed to enhance the development of Jewish awareness and important life skills.

HUMANITARIAN

Cteen helps teens build compassion and self-worth by giving back to the community through volunteering and humanitarian projects.

SOCIAL

Cteen builds social skills though positive affiliations, ensuring personal growth and Jewish pride in a society where working together is the key to advancement.

college PREP

Cteen also offers a valuable preparation for the transition from high school to college. As a member of Cteen, your teen is guaranteed to find a home away from home when he/she enrolls in a university with a Chabad on Campus. Chabad on Campus has student centers in more than 165 college institutions across the country. For more information about Chabad on Campus, please visit www.chabad.edu.



join TODAY

Cteen is the fastest growing Jewish Teen Network in the world. With everything from local events to regional trips and even a national Shabbaton in New York City, your teen is guaranteed to find a true place of belonging in this thriving community of Cteen teens. Sow seeds in your teen's Jewish identity and adult potential by joining Cteen today.

TESTIMONIALS

"Before my daughter joined Cteen, we couldn't see eye to eye and her grades were in a free fall. Today she is on top of her world and I couldn't be more proud."

– Mark Salzberg, Parent

"Not only is CTeen a way to see friends I otherwise wouldn't see, but I love the emphasis on learning even while having fun. And I feel better knowing that I made a difference in someone's day."

– Vivi Warman, Teen

When the lady from the shelter looked in my eyes and said 'G-d bless you child,' I learned the values in life are the things you can't put a price on. Cteen taught me that to live is to give. I will never stop giving as long as I live."

– Rachel Miller, Teen

Register your teen today or give gift of membership to a friend at

www.cteencentral.com

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